

CLUBS / ACTIVITIES - LEICESTER

Athletics

Leicestershire Athletics Resources - [WEBSITE](#)

Leicester Marathon - [WEBSITE](#)

Leicester Orienteering Club - [WEBSITE](#)

Badminton / Squash / Tennis Clubs

Badminton Club - Wreake Valley College, Syston - Thursday 8pm - 9:30pm - Juniors £2, Adults £4 - Contact: 0116 2607005.

Birstall Badminton Club - Longslade Sports Hall, Wanlip - Wednesday 7:30pm - 9:30pm
Contact: Mrs A Sewell 0116 260 9719.

Birstall Tennis Club - Co-op Sports Ground, Birstall - All welcome - Contact: Mrs Wendy Morley 0116 2674844.

Leicester Badminton Asso - [WEBSITE](#)

Loughborough Leys Badminton Club - Charnwood Leisure Centre, Browns Lane, Loughborough - Contact: 01509 268073.

Queniborough Tennis Club - Contact: Kate Stock 0116 2605926.

Sileby Badminton Club - Sileby Community Centre, Sileby - Contact: Mrs P Spencer 01509 812112 .

Syston Northfields Tennis Club - Northfields, Off Melton Road, Syston, LE7 1HW - Contact: Kate Stock 0116 2605926.

Wreake Valley Sports Club (Badminton) - Wreake Valley College, Syston - Contact: Jenny Pickering 0116 2607005.

Beavers / Cubs / Scouts

Birstall - Cubs Monday nights Contact: Gerald Sessions 0116 2671718 * Cubs Wednesday nights Contact: Vic Dolby 0116 2671465 * Scouts Friday nights Contact: 0116 2209462

Queniborough - Beavers Thursday nights * Cubs Thursday nights * Scouts Tuesday nights *
Contact: 0116 2693532

Syston - Beavers Monday nights * Cubs Thursday nights * Scouts Tuesday nights - Contact: 0116 2600045

Cricket Clubs

Leicestershire CCC - [WEBSITE](#)

Leicestershire & Rutland Board - [WEBSITE](#)

Syston Town Cricket Club - For full details please call Roger Pole 0116 260 2508.

Cycling

Leicestershire Road Club - [WEBSITE](#)

Sky Ride Leicester - [WEBSITE](#)

Leicester Monarchs - [WEBSITE](#)

Dance / Drama Clubs

Anstey Players - School Room, U.R.C, Bradgate Road, Anstey - Every Friday 8pm - Contact: 0116 2203046

Goscote Dance Studios - St Peter & St Paul Church Hall, Syston - Contact: Karen Price 0116 2607871

Salsacise - East Goscote Village Hall - Monday 2:15pm - 3pm. £3 per Class (Ladies Only) Contact: 07505 750447

Football Clubs

Anstey Swifts Junior Football Club - Anstey Nomads Football Club, Cropston Road, Anstey - Contact: Val Hayes 0116 2365322 [WEBSITE](#)

American Football – Leicester Falcons [WEBSITE](#)

Barrow Town Football Club - Riverside Park Sports Ground, Barrow Road, Quorn - Contact:

Barrow Town Youth Football Club - Riverside Park Sports Ground, Barrow Road, Quorn - Contact: Mark Reeves 01509 620774 [WEBSITE](#)

Leicester City Football Club - [WEBSITE](#)

Leicestershire & Rutland FA - [WEBSITE](#)

Queniborough Football Club - Rearsby Road, Queniborough - Contact: Glynn Hartop 07919 465975

Queniborough Junior Football Club - Wreake Valley College, Syston - Contact: Lindsey King on 0116 2609279

Rearsby & District YFC - Meetings every week on Thursdays at 8.00pm in Barkby Village Hall. Call Catriona on 07890 226035.

Syston Town Juniors F C Girls Football Academy - Please call Samantha Chambers 0777 629 1355

Thurmaston Magpies Football Club - Elizabeth Park, Thurmaston - Contact: Brian West 0116 2602519

Martial Arts

Tae Kwon-Do - Dance Studio, Syston Swimming Pool, Parkstone Road, Syston - Contact: Instructor Mr James Freer 0116 2640432 [WEBSITE](#)

Urban Martial Arts - [WEBSITE](#)

Motorsports

Donnington Park - [WEBSITE](#)

Mallory Park - [WEBSITE](#)

Netball

Leicestershire Netball Assoc - [WEBSITE](#)

Loughborough Lightning - [WEBSITE](#)

Parent & Baby

In B Tweenies - Syston Community Centre, Jubilee Room - Tuesday 10am - 12noon - Contact: Nicky 07771 718041 [WEBSITE](#)

Sing & Sign - Contact: Nikki 01530 244538 [WEBSITE](#)

Make & Play Mondays - Syston Methodist Church on Mondays 10.00am to 11.30am term time only. £1.75 for the first child and 50p for subsequent children.

Rugby Clubs

Anstey Rugby Football Club - Contact: Peter Carter 07594 876694 [WEBSITE](#)

Rugby League – Leicester Storm [WEBSITE](#)

Rugby Union – Leicestershire Rugby Union [WEBSITE](#), Leicester Tigers [WEBSITE](#)

Syston Rugby Football Club - Contact: 0116 2601233 - [WEBSITE](#)

Rainbows / Brownies / Girl Guides

Anstey - Rainbows / Brownies / Guides - Contact: Leicester Guide association 0116 2545290.

Barrow upon Soar - Rainbows / Brownies / Guides - Contact: Leicester Guide association 0116 2545290.

Birstall - Rainbows / Brownies / Guides - Contact: Leicester Guide association 0116 2545290.

Syston - Rainbows Tuesday nights - Contact: Emma 0116 2640973

Running Clubs

Barrow Runners - Village Hall Car Park, Main Street, Woodhouse Eaves - All welcome * Mixed group for all ages * Contact: Mr M Ballard 01509 413586 [WEBSITE](#)

Wreake Runners - Contact: Dave 0116 2606889 / Maria 01664 424923 [WEBSITE](#)

Swimming Clubs

Barrow Swimming Club - Humphrey Perkins School, 74-78 Cotes Road, Barrow Upon Soar - Friday 4pm - 8:15pm * 4 - 16 years * Contact: Mrs A Perry 01509 414963.

Leicester Masters Swimming Club - [WEBSITE](#)

Leicester Penguins Swimming Club - South Charnwood Leisure Centre, Parkstone Road, Syston - Thursday 7pm - 10pm, Friday 8pm - 10pm. Contact: 0116 2640057. [WEBSITE](#)

Loughborough University Swimming - [WEBSITE](#)

Tennis

Leicestershire Lawn Tennis Assoc - [WEBSITE](#)

Other Sports Clubs

Adventure Plus 09 - Longslade Community College, Birstall Thursdays 6.15pm - 7.45pm - Courses in scuba diving, first aid & outdoor pursuits training - Contact: 0116 2122425 / 077172 35158 [WEBSITE](#)

Charnwood Trampoline Club - Radmoore Centre, Loughborough College, Radmoore Rd, Loughborough. Monday 6.00pm to 7.00pm and Saturday 3.00pm to 4.00pm and 4.00pm to 5.00pm each week. Aged five years and over. £4 pay as you go. First visit free. Contact Sarah 07702 604279.

Leicester Outdoor Pursuits Centre - [WEBSITE](#)

Leicester Sailboard Club - King Lear Lake, Watermead Country Park, Syston - Contact: Joy Norton 0116 2675589.

Melton Mowbray Archery Club - Wreake Valley (Gym Building) Saturday 12.00noon.
www.mmac.co.uk.

Rawlins Youth Climbing Club - Rawlins Community College, Quorn - Contact: Brian J Davies 01509 622806.

Roller Derby – Dolly Rockit Rollers [WEBSITE](#)

Rowing – Leicester Rowing Club [WEBSITE](#)

Sailing – Rutland Sailing Club [WEBSITE](#)

Speedway – Leicester Lions [WEBSITE](#)

Squash – Leicester Squash Club [WEBSITE](#)

Team Bradgate - Cycle racing at all levels - Contact: D Wilkes 01509 414608.

Ultimate Frisbee - [WEBSITE](#)

Wheelchair Basketball - [WEBSITE](#)

Wreake Runners - Adults: Tuesday and Thursday 6.45pm. Juniors: Saturday 10.30am.

Volleyball - [WEBSITE](#)

Yoga – Bikram Yoga [WEBSITE](#)

Weight Loss Clubs

Arriba Wellness Club (Syston) - Brooke Studio, 8 Brookside, Syston - Challenge starts: Thursday 3rd June @ 6:30pm (12 Weeks) - Contact: Suzanne 0116 2125084 suzanne@arribahealthandwellness.com

Arriba Wellness Club (Thurmaston) - Elizabeth Park Sports Centre, Thurmaston - Monday 6:30pm - Contact: Suzanne 0116 2125084 suzanne@arribahealthandwellness.com

Weightwatchers (Anstey) - St. Mary's Church Rooms, Church Lane, Anstey - Mondays 6:30pm Contact: Val Walker vwalker@weight-watchers.co.uk [WEBSITE](#)

Other Clubs

Anstey Luncheon Club - Jubilee Hall, Staddon Road, Anstey Every Friday 11:30am - 1:30pm - Luncheon club for senior citizens - Contact Elizabeth Jarvis 0116 2872159

ATC Aquadron 1181 Syston - Wreake Valley College, meeting nights: Monday and Thursday: 7.00pm - 9.30pm. For more information contact Andy Houghton on 0116 260 3948.

Barkby Bridge Club - Meets Tuesday night (except 3rd Tuesday in the month) Barkby Village Hall. Play starts at 7.15pm. For further details please call Pam Smith 0116 243 3757.

Barkby Local History Group - Contact: Jan Walker 0116 2604495 - Local Barkby history only. Archives, pictorial, and newspaper cuttings.

Barrow upon Soar Gardening Club - Humphrey Perkins School, 74-78, Cotes Road, Barrow Upon Soar - 1st Wednesday of every month 7:30pm - Contact: Jeanette Hollis 01509 412983 - Talks and slides by local gardening experts on all gardening matters.

Baseball – Leicester Blue Sox [WEBSITE](#)

Basket Ball – Leicester Riders [WEBSITE](#), Leicester Warriors [WEBSITE](#), Leicester Lady Hoops [WEBSITE](#)

Birstall & District Local History Society - Village Hall, Birstall Road, Birstall - 2nd Thursday of every month 7:15pm - Contact: Adrienne Topley 0116 2928214

Birstall Luncheon Club - St James Day Centre, Village Hall, School Lane Corner/Birstall Road, Birstall Every Friday 10am - 1pm - Luncheon club for senior citizens - Contact: Rosewitha Clewes 0116 2677023

Community Bingo - The Legion, Melton Road, Syston - Every fortnight on Wednesday 8:15pm onwards - All Welcome, Refreshments available.

Dodgeball – Leicester City Ligers [WEBSITE](#)

Fencing – Leicester Fencing Club [WEBSITE](#)

Friends of St Peter's Court Social Fund Bingo - St Peter's Court, Melton Road, Syston - Every fortnight on Wednesday 7:30pm - All Welcome, Refreshments available.

Gliding – The Gliding Centre [WEBSITE](#)

Golf – Leicestershire & Rutland Golf Union [WEBSITE](#)

Gymnastics – Leicestershire Gymnastics Assoc [WEBSITE](#)

Hockey – Leicestershire Hockey Assoc [WEBSITE](#), Leicester Ladies Hockey Club [WEBSITE](#), Leicester Mens Hockey Club [WEBSITE](#)

Horse Racing – Leicester Racecourse [WEBSITE](#)

Korfball – Leicester City Korfball Club [WEBSITE](#)

Leicester Model Railway Group - Every Wednesday 7.30pm to 10.30pm. The Barn, Brook Farm, Sileby. Further details contact Phill Bull on 0116 260 8491.

Leicester Male Voice Choir - Wednesday evening at 7.45pm til 9.15pm at the Methodist Church, Wanlip Lane, Birstall. Any queries please call 0116 269 6577.

Quorn Allotment Society - Barrow on Soar Conservative Club, 14, North Street, Barrow Upon Soar - 3rd Wednesday of every month 8pm - Contact: Stanley Freeman 01509 416166.

RBL Syston Branch - Modern & Sequence Dance, 8.00pm to 11.00pm on the first Monday of the month. Tea Dance 2.00pm - 4.30pm second and fourth Thursday every month.

RBL Womens Section Syston - Meets 2nd and 4th Thursday each month. Syston Community Centre, School St.

Roundhill Flower & Garden Club - 27th April Take 6 - Penny Vincent. All meetings take place at the Divine Infant of Prague Church Rooms, Broad St at 7.30pm unless otherwise stated. Visitors are welcome except AGM. Entry £5.

St Peters Court Club - Social Fund Bingo every other Wednesday at 7.30pm for 8.00pm. Also coffee morning every Thursday 10.00am to 11.00am. Come along for a cuppa, raffle and a natter at St Peters Court,

Melton Rd Syston.

St Peter and St Paul Syston Ladies Guild - Meetings held in the Church Hall every 2nd & 4th Monday evening at 7.30pm.

St Peter and St Pauls Church Tots at Ten - Pre School Group. Every Tuesday in term time 10.00am to 11.45am.

Syston Chess Club - Syston District Social Club, High St, Syston - Tuesday 7:30pm onwards - Players at all levels welcome.

Syston and District Chamber of Trade (Sadcote) - Meets second Tuesday every month at 7.30pm in The Queen Victoria, High St.

Syston Local History Group - Monday 7.30pm at The Link Syston Methodist Church Centre.

Syston Methodist Church Centre - Dancing every Wednesday afternoon. 2.00pm to 4.00pm. Ballroom, Latin, American, Sequence and Line Dancing.

Syston Model Railway So - The Old School Thurmaston. Every Monday from 7.30pm to 10.00pm approx. Contact J Malpus 0116 260 9789.

Syston Youth Project - Tuesday and Thursday 7.00pm to 9.00pm in the protacabin near the memorial on Central Park.

Thurmaston Senior Citizens Playgroup - The Ols School in Thurmaston every Tuesday afternoon from 2.00pm until 4.00pm.

Thrussington Pre-School Activity Club - Meets every Wednesday 1.30pm to 3.00pm term time only.

Support Groups

Alzheimer's Society (Drop In) - Syston Community Centre, School St, Syston - 1st Monday of every month 10:30am - 12noon - Contact: Amanda Bee 0116 2865580 - Everyone Welcome

Arthritis Care - St Peter & St Paul's Church Hall, Lower Church St, Syston - 1st Monday of every month 7:30pm - 9:30pm - Contact: Bryan Summerfield 0116 2640865

Autumn Leaves - A Bereavement Support Group, meet first Tuesday of the month from 2.00pm to 3.30pm refreshments available from 1.45pm at Syston Volunteer Centre, 18 School St, Syston. For further information please call 0116 2607888 for a chat.

CLASH (Community Leicester Arthritis Self Help Group)- Longslade Community College, Birstall - 2nd Wednesday of every month 7pm - 9pm - Contact: Christine Thomas 07954584402 2006clash@gmail.com [WEBSITE](#)

Horizons for the Bereaved - Methodist Church Rooms, North Street, Barrow Upon Soar - 1st Monday of every month 2pm - 3:30pm - Contact: Mrs B Mitchell 01509 412534.

NHS County Stop Smoking Service - Conservative Club, 59 High St, Syston - Mondays 5pm - 7pm (except Bank Holidays) - Free Service

Syston Parkinson's Disease Group - Syston Community Centre - 4th Tuesday of every month 2pm - 4pm - Contact: Lorna Cooper 0116 2219798

Vista - Barrow upon Soar Social for the Visually Impaired - Barrow Upon Soar
Methodist Church, North Street, Barrow Upon Soar - 4th Tuesday of every month 2pm - 4pm -
Contact: 0116 249 0909 [WEBSITE](#)

NHS Direct - Tel: 0845 4647 [WEBSITE](#)